TIDES 2020 Fall 2017 Course Descriptions

CHANGEMAKER RLC

*TIDE 1010-07 Leadership, Politics, Power and Change

M 5:00-6:15pm

James Porter. Are leaders born or bred? How do leaders and their leadership styles impact change? How does one develop the courage and wisdom to lead and promote change effectively? This TIDE provides an opportunity to examine the nature of leadership, its impact on the change process, and the underlying dynamics of power, politics, and conflict.

Over the course of the academic year, this TIDE focuses on developing an interdisciplinary understanding of the theories and practices of organizational and community leadership. As a TIDE member, you will actively study the theories that emerge from a variety of fields and reflect on their practical, political, and ethical assumptions as well as on their implications in a variety of settings. Through readings, classroom discussions, interviews with local leaders, and a group initiative, you will gain a greater appreciation for the issues that affect leaders and the components of successful leadership.

TIDE 1015-01 Cultivate Your Inner Change Maker

T 2:00-3:15pm

Rebecca Otten. Changemakers see the world as it is while also envisioning the world as it should be. We make choices in life that reflect the kind of human beings we want to be and the kind of change in the global human condition in which we want to take part. Changemakers have many different perspectives, bring many different strengths, and are passionate about many different social and environmental issues. This course will help you develop and practice skills necessary to pursue your own unique Changemaker path.

TIDE 1017-01 Change Makers in NOLA Education

T 3:30-4:15pm

Shannon Blady. This one-credit course is designed for those interested in social innovation and social entrepreneurship. In addition to exploring design thinking, social and emotional learning, and health and wellness, students will explore the socially innovative initiatives currently shaping the landscape of education in New Orleans.

The course provides opportunities to explore many avenues of work with K-12 students and to meet with local education experts and social entrepreneurs. The course includes field trips to local schools, including a visit to McDonogh 15 Knowledge is Power Program Charter School in the French Quarter and to local socially innovative organizations, such as Big Class, whose mission is to cultivate and support the voices of New Orleans' young writers through creative collaborations with schools and communities.

TIDE 1021-01 Design Thinking: Empathy & Action

T 11:00am-12:15pm

Allison Schiller. This TIDES class gives students the opportunity to engage in hands-on learning in Design Thinking and to see examples of architecture and design that create space to encourage positive public impact. Co-taught by instructors from the architecture school and the Taylor Center for Social Innovation & Design Thinking, the class will take students on site visits and encourage practical application in the field of design thinking and prototyping. People in many fields such as business, international development and education are learning how design can be used to bring about positive change.
TIDES 2020 Fall 2017 Course Descriptions

GET ENGAGED RLC

TIDE 1075-01 Celebrate NOLA: The Relationship Between Culture, Festivals, & Identity
T 5:00-6:15pm

Brad Romig. It’s been said that New Orleans has more festivals than days of the year. But what’s behind these festivals and celebrations and how do they connect to New Orleans’ rich culture and identity? In “Celebrate NOLA: The Relationship between Culture, Festivals, and Identity”, students will examine how social identities are interwoven into the fabric and thread of New Orleans celebrations. From second lines to jazz funerals and food festivals to cemetery tours, participants will experience the rich culture of New Orleans while actively reflecting on their own identities and developing a deeper connection with their new home.

*TIDE 1090-01 Who Dat, Fan Up and Geaux: Sports & New Orleans
M 5:00-6:15pm

Marc Bady. From the rise of social class-driven sports such as rowing and billiards to the New Orleans Saints’ heroic revival of the city post-Hurricane Katrina, sports has been as integral to the area as food, music, and Mardi Gras. Sports have made an enduring impact on the social world in which we all live. It is a taken for granted aspect of our everyday lives – whether that entails watching “Sportscenter” or noticing that every single major newspaper contains a “Sports” section that is as long if not longer than any other section. Yet there is more to sport than just what we see on a daily basis. In this course, we will explore general sports-related topics and examine actual case studies related to New Orleans’ sports scene.

More than simply ‘talking sports,’ students will study issues from political, economic and social viewpoints and also gain an understanding of the rich sports heritage found here in New Orleans. Readings and discussions, field trips, and guest speakers will aid students to understand both historical accounts and modern day subjects associated with sports such as governmental involvement, public financing, and community development. Students will participate in a mandatory service learning component.
TIDES 2020 Fall 2017 Course Descriptions

HEALTH WAVE RLC

TIDE 1014-01 Cultivating Resiliency and Self-Care
T 5:00-6:15pm

Lindsay Greeson and Scott Tims. Health in college is so much more than avoiding pizza every night and occasionally going to the gym. Health is multifaceted and is pivotal to your ability to thrive during the next four years. This course will examine the most relevant health topics for college students from a public health perspective, integrating theories and practices relevant to your life, with a focus on self-care. In addition, this course seeks to cultivate leadership skills as an element of being healthy and successful in college.

TIDE 1113-01 Mindfulness: Understanding Self and Emotions
W 5:00-6:15pm

Ngawang Legshe. Students will learn different traditional Tibetan mindfulness techniques, application of mindfulness practices in understanding destructive emotions and cultivating positive emotions. Coping skills for depression, anxiety, stress, and insomnia will be described and practiced. Recent research on mindfulness practices in therapy, mental/physical health and spirituality will be studied. Students will be required to participate in mindfulness practices: self-awareness, identification of destructive emotions, logical and mindful responses and compassionate living. Information will be based on recent scientific research and ancient Tibetan practices.

TIDE 1003-01 Happiness & Human Flourishing
W 2:00-3:15pm

Hans W. Gruenig. Would you like to learn ways to increase enjoyment, engagement, and meaning during your college years and beyond? Would you like to learn how you can use personal character strengths to achieve academic success? In this course students will have the opportunity to learn about and experientially explore life-enhancing practices and perspectives developed over millennia of human inquiry and validated within the exciting new field of positive psychology.

Topics will include positive emotions, character strengths (and their application in academia), meaning and engagement, exercise and meditation, nurturing social relationships, and more. This course will also expose students to local wellness resources at Tulane and New Orleans and will offer opportunities to explore the key areas of enjoyment, engagement, self-care, and meaningful contribution to others by attending a yoga class at a local studio, savoring New Orleans cuisine, exploring New Orleans architecture and history on a walking tour, and meaningfully contributing to the flourishing of New Orleans residents by engaging in service learning.
TIDES 2020 Fall 2017 Course Descriptions

KALEIDOSCOPE RLC

TIDE 1145-01 Student Leaders Committed to Cultural Diversity at Tulane

W 4:00-5:15pm

Molly Travis & Monique Hodges. In 2016, Tulane University President Mike Fitts established the Race Commission composed of students, staff, faculty, and board members to address issues related to campus diversity. Join this TIDES course as an early step in becoming a student leader committed to this and other diversity initiatives at Tulane. You will learn about the array of programs offered by the Office of Multicultural Affairs. Activities will include academic and social events that bring together TIDES students and members of various student organizations involved in promoting intercultural exchange and understanding. We invite you to become a part of this group of change-makers.

TIDE 1983-01 Encounters at the Crossroads: Toward Diverse Communities in an “Us vs. Them” Society

M 3:00-4:15pm

Red Tremmel. This TIDES course will serve as an incubator for students from diverse backgrounds to explore intellectual thought, share experiences and build community across differences. We will explore the possibilities and challenges of diversity, privilege and power through intentional conversations, interactive workshops, roundtable discussions texts, and films. We will invite faculty, staff, upper-class students, community organizers, and local artists to engage in our conversations over the course of the year. And, we will take field trips (Whitney Plantation Tour, LGBTQ History Walking Tour, Hidden History Tour) that will help us better understand the history of diversity, power and privilege in the New Orleans Area. This course will also continue to introduce you to academic, community building, and life skills that will assist you during your transition to college and throughout your time at Tulane.
TIDES 2020 Fall 2017 Course Descriptions

SHAPERS RLC

TIDE 1013-01 The Architecture of Place

R 11:00am-12:15pm

Laura Blokker. How can architecture define a place? How do buildings support social constructs and cultural patterns? How do spatial relationships, proportions, and forms shape how we move through and experience places? How do the lines, curves, textures, and colors of walls, roofs, railings and other built elements impact our senses, emotions, and memories? All of these questions will be explored as students learn about the particular built environment that makes New Orleans so unmistakably New Orleans. Students will be coached in using photography, drawing, and writing to record their impressions of the built environment.

TIDE 1185-01 Engineering in the Modern World

T 11:00am-12:15pm

Katie Russell & Julie Albert. In its purest form, engineering is the utilization of mathematics and science to develop creative solutions to the everyday challenges faced by society. In the words of the quintessential engineer, Leonardo da Vinci, “knowing is not enough; we must apply.” This course will celebrate the modern approaches engineers employ to solve real-world problems. In addition to readings, discussions, and guest lectures, students will have the opportunity to conduct a bacterial transformation experiment and take a backstage tour of the Aquarium of the Americans.

TIDE 1210-01 Art Meets Physics

M 5:00-6:15pm

Jerry Shakov. Art (in its broadest sense, including visual arts, literature, and various types of performance) is meeting science all around us. These interactions go well beyond the use of science as raw material by artists. The advancements in science lead to dramatic changes in our perception of the world clearly reflected in artists’ creations. Just as religious and mythological sources had influenced art before and during the Renaissance, artists are now being moved by the need to capture the complexities and mysteries of the physical universe. In many ways, science and art are profoundly similar. The best of each rises up from the depths of human creativity, in both the arts and science there’s the need for inspiration and hard work, the willingness to experiment and be brave, and the conviction that you are searching for or creating work that says something meaningful about the world or nature.

In this course, we will discuss the mutual influence of arts and science (particularly physics) using examples from different art forms and historic periods.
TIDES 2020 Fall 2017 Course Descriptions

SPARK RLC

TIDE 1982-01 Women Writing Lives

W 11:00-12:15pm

*Molly Pulda*. How might gender influence the way women see themselves and tell their life stories? In this course, we will analyze works of “life writing” by a diverse range of women in the 20th and 21st centuries: autobiographies, personal essays, self-portraits, and other forms of self-representation in literature and visual culture. We will analyze these works through the lens of gender, examining the social and historical contexts that influence how women perceive and represent themselves. Course texts include autobiographical writing by Virginia Woolf, Zora Neale Hurston, Maxine Hong Kingston, and Alison Bechdel. In addition to these textual self-portrayals, we will view self-portraits on another kind of page: print photography. We will analyze photographs and related texts by Sally Mann, Carrie Mae Weems, Hannah Wilke, and Nan Goldin. While studying the visual alongside the verbal, we will discuss themes like gender and sexuality, family and community, time and aging, health and illness, and cultural standards of beauty, ugliness, and taboo.

TIDE 1985-01 Women Leading New Orleans

W 12:30-1:45PM

*Jenny Irons and Tania Tetlow*. From non-profit organizations to government, from social movements to Mardi Gras, from restaurants to boardrooms, women have led New Orleans. Using an intersectional feminist lens, this course will explore how the personal, the organizational, and the institutional intersect to shape how women practice leadership. Students will be introduced to theories and research that address gender and leadership while focusing on historical and contemporary examples of women practicing leadership in New Orleans.

The course will begin with a brief introduction to a sociological perspective on gender and intersectionality – foundational concepts of the course – and move into discussions of how and why women lead, as well as barriers they encounter to leadership. Guest speakers, field trips, and writing assignments will ask students to think broadly, but also analytically, about what leadership means, as well as about how identities and institutions shape the experience of leadership.

TIDE 1981-01 Frames Films & Femmes Fatales

T 2:00-3:15pm

*Aidan Smith*. This course is a critical survey of cinematic works by and about women, with examples drawn from different modes of cinematic expression (mainstream fiction films as well as alternative film and video [including documentaries, experimental, & narrative]) and from different historical periods (from the 1930s to the present). The course deploys feminist approaches to film criticism and applies these approaches to cinematic representations of women. Films illustrating particular genres, as well as feminist and “women’s” films, are discussed and critiqued. We will consider the role of film in our understandings of sex, gender, and sexuality, as well as race, class and disability. Through discussions and writing we will work to discern relevant social, political, ideological, and aesthetic concepts in the media we examine. We will look at contemporary Hollywood and independent cinema, US and some international films by both established and emerging filmmakers.

While the course is not an introduction to film studies, it does review basic film concepts (editing, cinematography, mise-en-scène, film history, etc.) so that students can apply them to the films we watch. Participants will learn to incorporate formal film analysis with an analysis of ideology, production, distribution, and exhibition, and will develop the skills to construct compelling arguments about recent cinema.
TIDES 2020 Fall 2017 Course Descriptions

THIRD COAST RLC

TIDE 1065-01 Out Loud: Public Speaking In & About New Orleans

M 5:00pm-6:15pm

Gwendolyn Thompkins. There’s no getting around public speaking—whether in the classroom or at a job interview or at a podium accepting a major award. Now is the perfect time to learn how best to present your ideas out loud. Grammar and diction are important. But at the heart of all public speaking is storytelling. This class will focus on concise, factual, entertaining and informative speech about New Orleans. Students will learn about and discuss the city’s history, politics, environment and culture. No matter where a Tulane student travels in life, others will want to know about the city and what it was like to live here. We will learn how to talk about various aspects of life in New Orleans, emphasizing the cultural values and traditions of the local population. Commonalities of experience are the bedrock of geographical and cultural identity. But we also will learn to talk about important differences in personal experience. Every resident of the city lives in a different New Orleans. Therefore, the course encourages students to practice describing themselves, their immediate environments, their own unique ideas and the sometimes-contradictory ideas of others. This class is for and about talking. Students will talk about neighborhoods, locally based films, music, sports and even the varying speech patterns of the people who live here. We also will practice asking and answering questions conversationally, in the classroom and in more formal settings.

TIDE 1117-01 New Orleans Performance Culture

M 2:00-3:15pm

Brittney Kennedy. When Mardi Gras is over and the Hand Grenades have been drunk, what is it exactly that makes New Orleans a unique place to live and work? This TIDES course will examine the city of New Orleans as a performance of various histories and cultures over time and space. In other words, we will look at New Orleans texts to show how “culture” and “history” are not static, eternal forms, but moldable ones that change when cultures experience various kinds of political and social “mayhem.” In so doing, we will answers questions like, “Why is French Quarter architecture actually Spanish?”; “Why in the late nineteenth century, did New Orleans boast that largest Italian-American population in the U.S.?; and “Why do people ‘Second Line?’” In short, the idea of what is “French” (or any other cultural community) has changed according to historical circumstance and cultural perspective, and the means by which such cultures change says a lot about who we are as a city and a nation.

*TIDE 1265-01 Indian Tribes Down The Bayou: Native American Communities of Southeastern Louisiana

W 4:00-5:15pm

Laura Kelley. The objective of this course is to introduce students to the Native American influence in shaping Louisiana history. Specifically, students will have the opportunity to learn about the history of Native Americans in southeastern Louisiana and to work with tribal members on a historic documentation project. Furthermore, this course offers the opportunity to fulfill the public service requirement. A mandatory 20 hours of work is required of all students.

Unbeknownst to many in the metropolitan area, an hour and a half outside of New Orleans, in lower Lafourche and Terrebonne parishes there exist an interrelated network of small, still French-speaking Native American communities: the Pointe-au-Chien Indian Tribe, (PACIT) the Isle de Jean Charles Band of Biloxi-Chitimacha, the Grand Caillou/Dulac Band of the Biloxi-Chitimacha, and the Bayou Lafourche Band of the Biloxi-Chitimacha, collectively known as the Biloxi-Chitimacha Confederation of Muskogees (BCCM.)

These tribes were formed out of the remnants of the Petites Indian Nations of the 18th century and developed in the remote bayous of Louisiana. Recent genealogical research into the history of one of the tribes, the Pointe-au-Chien, has established that its members historically descend from the remains of four tribes that once inhabited the Lower Mississippi River region: primarily from the Chitimacha as well as the Biloxi, Atakapa, and Acolapissa Nations. However,
TIDES 2020 Fall 2017 Course Descriptions

genealogical inquiry did not address the question of how, why, and when this tribe came into being and formed a coherent community. This course will address these specific issues and allow students to work not only with primary historic material but also with members of the tribes as they document the history, culture and traditions of Native Americans of southeastern Louisiana.

TIDE 1700-01 Cocktails, Cayenne & Creoles: The Myths & Realities of New Orleans Food & Drink

R 3:30-4:45pm

Amy George-Hirons. As the concept of local foodways becomes entrenched in the growing “foodie” culture of the United States, local food and local dishes become an ever more important marker of place. Whether justified or not, Creole and Cajun food and, of course, the ubiquitous Cocktail, are perceived by many as synonymous with New Orleans. In this course, we will explore the myths and realities of these three key concepts as they apply to food and drink in New Orleans.

How did gumbo earn a place on every table in the city, from the humblest lunch joint to the most elegant restaurant? Is New Orleans’ Creole culture really more a gumbo pot than a melting pot? How did the city of New Orleans become synonymous with Cajun food? Why is this an inaccurate perception on the part of outsiders? Is New Orleans the birthplace of the Modern Cocktail? Why, how and when did New Orleans develop its reputation for drunkenness? Is that reputation justified?

TIDE 1020-01 Cities and the Urban Environment

W 5:30-6:45pm

Marilyn Feldmeier. Focusing on selections from the seminal work “The Death and Life of Great American Cities” by Jane Jacobs, we will explore and discuss its relevance to the city of New Orleans. We will also look directly at what is currently happening in the city of New Orleans via field studies, guest presentations and movies. Selected neighborhoods of New Orleans will be explored as vehicles for looking at the social, political, and economic life of cities. By focusing on particular and local examples we will, in effect, also address urban issues that are both more general and global. You will be invited to learn ‘how to see’ (observe) the many aspects of the city, be introduced to tools for the analysis of city form and city behavior, and be asked to draw conclusions from what you read for this class as well as your experiences.
**TIDES 2020 Fall 2017 Course Descriptions**

**NON-RLC**

*TIDE 1010 Leadership, Politics, Power and Change*

1010-02: T 5:00-6:15pm

1010-05: M 5:00-6:15pm

Ana Lopez. Are leaders born or bred? How do leaders and their leadership styles impact change? How does one develop the courage and wisdom to lead and promote change effectively? This TIDE provides an opportunity to examine the nature of leadership, its impact on the change process, and the underlying dynamics of power, politics, and conflict.

Over the course of the academic year, this TIDE focuses on developing an interdisciplinary understanding of the theories and practices of organizational and community leadership. As a TIDE member, you will actively study the theories that emerge from a variety of fields and reflect on their practical, political, and ethical assumptions as well as on their implications in a variety of settings. Through readings, classroom discussions, interviews with local leaders, and a group initiative, you will gain a greater appreciation for the issues that affect leaders and the components of successful leadership.

TIDE 1275-01 Helluva Hullabaloo: Learning To #BeExcellent At Tulane

M 6:00-7:15pm

Wendy LeBlanc. This course is designed to help you develop the skills needed to achieve excellence in every facet of your life—both here at Tulane and beyond. From optimizing wellness and nutrition to mastering money management and your academic goals, you’ll learn to balance your priorities and make the most of your personal and professional endeavors. Students will also have an opportunity to interact with campus resources available to assist them attain excellence!

*TIDE 1984-01 Identity, Power & Community Engagement*

R 5:00-6:15pm

Nicole Ralston. Identity and power are often interwoven with community social issues, but may not be openly apparent to the average individual engaging in community service. This course encourages students to first understand their social identities, then the broad range of social issues in New Orleans, to contribute in a meaningful way to the body of work already being done in the New Orleans community. Students will reflect on their own social identities and connect to local non-profits, community organizers, and a broad survey of current issues in New Orleans. By creating a space for meaningful discussions about community involvement, students will examine how social identities and power affect community engagement in New Orleans. This is also a tier 1 service learning course and students will be required to complete at least 20 hours with the selected community partners.

*TIDB 1010 More Than Just Business*

1010-02: M 5:00-6:15pm Brian Johnson

1010-24: M 5:00-6:15pm Robert Hailey

The “More Than Just Business” TIDES class will help you explore business structures from dot coms to international finance, and, in the process, will help you figure out why people enjoy and experience success in business. We will introduce you to leaders from a variety of business occupations and professions. Is there a relationship between an individual’s personality and success in a particular branch of the business world?

The objective of this TIDE is to enable students to think critically and become more informed both about the business decision making process as well as the factors that lead to success in the contemporary business world. The economic,
ethical, political, cultural, and regulatory factors that influence outcomes in business often differ radically in the various international market places. Furthermore, local and global forces are often at odds with one another. Often, the individual business leader is caught in the middle of these conflicting forces.

Because business success requires navigation through these complex waters, this TIDE will explore the key facets of business decision-making that lead to successful outcomes by considering specific examples from the global and local economies. This TIDE offers students with an interest in a degree in business, economics, political economy, or philosophy, a unique opportunity to learn about the processes involved in successful business decision-making.